

WholeHealth Integration Summit:
Connecting Sleep, Airway, Mind, Body, Mouth
May 18-19, 2018
7635 Leesburg Pike, Falls Church, Virginia 22043

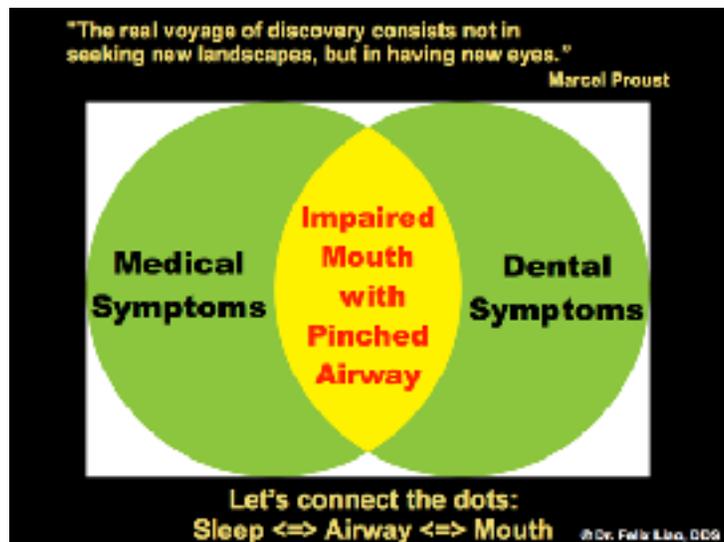
Fatigue, aches and pains, brain fog, and overweight are common symptoms in both sleep apnea and hypothyroidism. What are the root causes and latest solutions? What do your patients need you to know? How can you get breakthrough results for your patients who have “hit a ceiling”?

Join us for the first ever WholeHealth Integration Summit to integrate sleep and airway into your practice. WholeHealth is an integrative model that sees all parts of the body as inter-connected and seamlessly coordinated. How do we deliver WholeHealth to medical, dental, chiropractic and naturopathic patients? How do we take care of ourselves as healthcare professionals?

WholeHealth Integration Summit aims to bridge the gaps in oral-systemic awareness and turn silo mentality into integrative collaboration through interdisciplinary professional education. What do your patients’ health and wellness require of you?

New cultures arise where two rivers meet. So do higher-order health when different healthcare professionals join forces.

Do come to see and experience WholeHealth Integration for yourself so you can bring it back to your patients and family.



Whole Health Integration Summit Topics and Speakers

Friday, May 18, 2018: 4 hours per speaker

How Thyroid and Oxytocin Hormones Affect You and Your Patients by [Dr. Jorge Flechas, MD](#). A dysfunctional thyroid means a functional disabled patient who cannot respond to standard treatment appropriately. Anti-depressants and environmental PCBs can depress thyroid function and thyroid dysfunction symptoms overlap sleep apnea's. Thyroid dysfunction adds to that "Six-foot Tiger" blocking the airway behind the "Three-foot Cage" framed by deficient jaws. Dr. Flechas has 20 children under his care from pre-conception who are doing college level work while in 6th grade. A comment on YouTube says: "This doctor uses his brain cells."

Sex, Thyroid, and Adrenal Hormones in Aging and Health beyond Reproduction by [Dr. George W. Yu, MD](#), Clinical Professor of Urological Cancer Surgery, George Washington University Medical Center & Aegis Medical & Research Associates. Dr. Yu will link these hormones with sleep apnea, aging for men and women, internal health, and more. He will also introduce an innovative and highly useful liquid oxygen supplement as adjunctive support for sleep apnea and for "getting through the day" in a healthy way.

Saturday, May 19, 2018: 2 hours per topic

Head-Jaws-Neck Postural Evaluation and Corrections by [Dr. Chris Chapman, DC](#), BCAA. "An optimally balanced body starts with a balanced head and neck, then a balanced jaw-and-bite." Come and see how to evaluate a patient's "first limb", and why "tandem care" is needed to align the jaws with the neck for whole body health.

Cranio-Sacral Respiration and Therapy: An Introduction by [Judith Sullivan](#) with optional hands-on workshop. Experience first-hand how the cranium actually "breathes" like the chest, and learn why some symptoms do not resolve until the brain case is freed from sutural strains.

Nutritional Basics and Support for Sleep Apnea Patients + The Role of a Functional Medicine and Functional Diagnostic Nutrition Coach: [Margo Kirzhner, MS, HHC, AMFC](#). Margo will share the truths about food quality and why patients can't heal without cleaning up their diet and gut. (1 hour) + [Lisa Jackson, RN, CHC, RYT-500, FDN-P, AFMC](#) will integrate all the pieces by sharing her healing journey from hypertension, adrenal fatigue and sleep apnea. There are many teaching points from her own and client cases. (1 hour)

Traditional Chinese Medicine's Clinical Perspective by [Jasmine Ma, L.Ac.](#), PhD candidate in Chinese Medicine. Jasmine will explain TCM principles for you to maintain health and restore balance, plus live demo on how to unblock the body's energy channels (meridians) to relieve chronic pain and activate healing in real time on volunteers at no charge.

By the end of the WHI Summit, attendees will know:

- What WholeHealth integration means in concept and in practice.
- Why new eyes are needed to see beyond the “silo” that limits each profession.
- Who you’d want to co-treat with, regardless of your specialty or expertise.
- A smarter approach to “heal thyself” beyond your current knowledge base.

Registration: please see the next page.

- Speakers will make their powerpoint presentations available at no additional charge.
- This is a low key, high-yield, homespun yet pioneering event for meeting integrative healthcare professionals beyond your field and connecting with new resources.
- Seating is limited to the first 20 registrants. You will be notified of venue change if demand exceeds 20.
- April 6, 2018 at 12 noon is the deadline for early registration discount.

Registration for WholeHealth Integration Summit May 18-19, 2018

Please initial your choice(s) for the WHI Summit, fill in the blanks as requested. Seating is limited to the first 20 registrants.

_____ \$ 600 for either May 18, or May 19 (circle which one please)
_____ \$ 960 for both days for IABDM/IAOMT members if paid by April 6, 2018
_____ \$1,200 for both days **after April 6, 2018**, and for non- IABDM/IAOMT members.

Speakers will make their powerpoint presentations available at no additional charge. Please be sure your contact information below is legible to receive pdf version of lecture slides, or to be notified of venue change if demand far exceeds 20.

Name and Degree: _____ (please print)

Office Address: _____

Personal email: _____; Office Phone: _____

Cell phone #: _____; (for short-noticed messages only)

Credit Card #: _____ Exp. date: _____

Name on card: _____ CVV: _____

Signature: _____

Venue: 7635 Leesburg Pike, Ste A, Falls Church, VA 22043

Hotel: [Westin Hotel Tysons Corner Virginia](#), is 5-minutes' walk from the venue.

Airports: Dulles (IAD) is @ 20 min. by taxi; Reagan National (DCA) is @ 30 min.

Questions: Please call Dr. Liao: 703-424-0322 cell. **Both Days starts at 8:30 am**

Please return your registration by fax to 703-385-6424, or [email](#). Thank you.